

Happy Thanksgiving!

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- The gym will be **CLOSED** the week of Thanksgiving.
- Team kids need to check with your coach about practice.
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Word of the Month
 tum·ble (tūm 'bəl)
 v. tum·bled, tum·bling, tum·bles
 To perform acrobatic feats such as somersaults, rolls, or twists.

Boys gymnastics meet November 17th. The meet will be right here at the gym. Come out and support our boys or check at the front desk for ways you can help.



November Birthdays



- Caleb Adams
- Greyson Baber
- Madison Buskirk
- Faith Capocelli
- Macey Cobley
- Jax Cross
- ViviAnne Dean
- Madeline Evans
- Bina Guo
- David Harper
- Courtlyn Hutain
- Leann Inge
- Buffy Kerestan
- Emma Loyd
- Katie Major
- Maddie Major
- Brianna Marshall
- Remington Mitchelle
- Brooke Moore
- Luke Myers
- Elijah pendergrass
- Jordan Perryman
- Brynna Rodden
- Maya Teague
- Daelyn Tuck



November tuition is due. Auto pay will run on the 5th. Late fees Will be applied on the 15th.



Open Gym this month will be Nov. 2nd, 9th and 30th. The cost is only \$12 and Includes 3 1/2 hours of play, Pizza and a movie. 6:30-10pm for ages 5 and up.

Gym Policies:

- ✚ No one is allowed on the equipment before or after their class.
- ✚ Please call the office or go online (www.didionathletics.com) to schedule a make-up - do not just show up.
- ✚ If you have to drop the program for any reason please notify the front desk, not your coach!



Pro Shop

Don't forget, you can bring your used leo's and shorts to the gym and resell them. Just put your name and price on the article and when it sells, your account will be credited that amount.



Winter Birthdays

What better way to have a birthday than at Didion Athletics. What a great time. Only \$110 for 15 kids for 1 1/2 hours. Check the front desk for availability. Or call 262-6650 for more information.

A B A C K H A N D S P R I N G W N I
 R P Y A F F L O O R E F G P L P U Z
 U O T B L E T U C K T R Y B G I T I
 A I E E Y W E T T O W O M U I K T E
 I N F A U F B D E M I N N E E E E D
 T T A M R L A O I R S T A F D H N E
 I R S N C E R U G E T H S O O T O M
 D I D E H X S B H A R A T U B L T I
 T P G L E L P L T O R N M R O A S E
 A L Y E N T R E I Z A D A I P Y U K
 M E M O K L I F N G E S A N W O K E
 G O N T O U N R C F E P I C E U A L
 N S A A E A G O H U E R H H J T H B
 I E S R A V B N E L I I J E F P A U
 T D T D V N O T R L P N H R I A R O
 S W I E R I A D N O V G L M G R A D
 Z E C N N I R E L X T S F R D A O H
 T T S T I E D F A R E R E E G G D B

Find these words!

Backhandspring

Bars

Beam

Demi

Double

Double Front

Eight Incher

Flex

Floor

Flop

Four Incher

Fronthandspring

Full

Gymnast

Gymnastics

Layout

Leotard

Pike

Point

Safety

Springboard

Stingmat

Ten O

Triple

Tsukahara

Tuck

Twist

Vault

Yurchenko